



Waiver Form – Masters Florida Camp

By signing this form, I understand that this Master camp is organized by fellow Masters, I also understand that my safety is under my own responsibility. The Pointe-Claire Canoe Kayak Club and the City of Pointe-Claire is not responsible for the management of this camp. The Pointe-Claire Canoe Kayak Club and the City of Pointe-Claire is responsible for offering coaching throughout the camp, administrative support and the lending of necessary boats and equipment.

Coaches' responsibilities are limited to:

- Creating a training plan;
- Technical coaching advice;
- Video analysis;
- Coaching that will be done from shore or from a kayak;

The Pointe-Claire Canoe Kayak Club is not responsible for any:

- Lost, stolen, damaged personal effects or equipment;
- Risk of injury during trainings;
- Water Safety

Recommendations :

1. All paddlers should wear a lifejacket of the correct size and have it fastened at all times.
2. You should be accompanied by at least one training partner while paddling. If you tip, stay close to your boat so they can assist you.
3. Be aware of the weather forecast and ensure that you adjust your workout accordingly.
4. Communicate with your coach any physical limitation.

The health form provided by the club is encouraged to be filled out by all participants. This form will be kept confidential and used only if health professional are needed.

- I have submitted the Health Form
- I have **not** submitted the Health Form

By signing this form, you confirm that you accept and assume the risks of this camp.

I, the undersigned, have read and understood the waiver form.

Signature : _____ Date : _____