

**DOCUMENT #2**

Camp Code of Conduct – Florida 2020

While attending the CKPC Florida training camp, I agree to respect the Code of Ethics and the following Code of conduct:

General Rules:	Training:
<ul style="list-style-type: none"><li>▪ All Pointe-Claire Canoe Kayak Club policies and rules apply at camp;</li><li>▪ Stay on camp property;</li><li>▪ Obligation to participate to all activities, meetings, trainings requested by coach;</li><li>▪ Respect nighttime procedure: athletes must be in their cabins by 9:00 p.m., have their lights and electronics out by 9:30 p.m., and asleep by 10:00 p.m.;</li><li>▪ Follow cleaning routine as outlined by camp director and coaches;</li><li>▪ No stealing or taking others belonging;</li><li>▪ The opposite sex is prohibited in sleeping cabins, shower rooms or bathrooms (no girls in boys facilities, no boys in girls facilities);</li><li>▪ Alcoholic beverages, including beer, wine and non-prescription drugs are strictly prohibited;</li><li>▪ Any kind of violence, even in a game context, and camp pranks are strictly prohibited;</li><li>▪ Are punctual for all camp events and meals;</li><li>▪ Athletes must participate in daily/weekly chores;</li><li>▪ Do not feed the wildlife;</li></ul>	<ul style="list-style-type: none"><li>▪ Are punctual for practices and warm-ups;</li><li>▪ Come prepared to practice with gear ready to go (Water bottle, shoes, paddle, sun screen, bungee etc.);</li><li>▪ Respect training program or exercises required by coach;</li><li>▪ Follow coaches advice to help improve, recovery, and/or maintain your capacity to train (by stretching, icing, balance drills, training specification etc);</li><li>▪ Maintain a positive attitude towards trainings;</li><li>▪ Maintain an open communication with coaches regarding your health and training capacity;</li><li>▪ Athletes must respect the route the coach has assigned during practice;</li></ul>
Homework Rules:	Respect:
<ul style="list-style-type: none"><li>▪ Attend and work during homework hour;</li><li>▪ Do not use the Internet during homework hour, prepare the necessary documents or do the needed research at another time;</li></ul>	<ul style="list-style-type: none"><li>▪ Respect all Good Counsel Camp rules and property;</li><li>▪ Respect the equipment owned by CKPC and the city of Pointe-Claire provided to the athletes;</li><li>▪ Respect all CKPC, other clubs and Good Counsel Camp staff and fellow athletes;</li></ul>

Warning system

If an athlete violates any of the above, a warning system will be used. All warning will be kept and documented for future reference. Upon the:

- **first violation**, the athlete will meet with the coach in charge to discuss the violation and the athlete will receive his/her first warning.
- **second violation**, the athlete will meet with the coach in charge to discuss the violation and will receive his/her second warning. The head coach, club administration and the parent will be informed.

Athletes may receive disciplinary measures from the coaching staff upon receiving of their first and second warning. These disciplinary measures may be:

- Removal from activities;
- Relocations of rooms;
- Assistant the camp staff with duties on site;
- Financial sanctions (due to damage to property);
- Suspension from future team trips;
- **third violation**, Parent's will be contacted. The immediate return home at the athlete's expense will need to be organized.

Certain violations of camp conduct (i.e. fighting) will be treated more seriously than others and will result in immediate expulsion from camp. The coaching staff will use their judgment to evaluate each situation.

I \_\_\_\_\_ have read and understand the camp rules and warning system as stated above.

**Athlete signature :**

\_\_\_\_\_

Date : \_\_\_\_\_

**Parent 1 signature :**

\_\_\_\_\_

**Parent 2 signature :**

\_\_\_\_\_

Date : \_\_\_\_\_

Copy reserved for administration